



Low Carbon Lifestyles – A Toolkit

The XIX Commonwealth Games are scheduled to be held in New Delhi from 3-14 October 2010. As the host of the Commonwealth Games (CWG), the Govt. of Delhi has committed itself to hosting “Green Games” by inducing behavioral change towards low carbon practices amongst participants, visitors and viewers which indirectly helps in GHG mitigation and adapting to sustainable lifestyles and consumption practices. **The Global Environment Facility (GEF) /United Nations Development Program (UNDP) Small Grants Program (SGP)** project ‘**Creating Green Citizens to link with the project titled Low Carbon Campaign for the Commonwealth Games 2010, New Delhi**’ aims at:

1. Supporting plantation on Queen’s Baton Route (QBR)
2. Conducting low carbon campaign at selected locations on QBR

As part of the project this toolkit was developed to provide training to the beneficiaries of the project.

The **Low Carbon Lifestyles Toolkit** (of 28 pages) is really a barometer on our attitudes and practices, and focuses on the efficient use of **electricity, transportation, LPG, water, organic waste and paper**. It is a set of material consisting of:

- a) A **message booklet** on key low carbon practices derived from data from calculations
- b) A **CD** which has the following:
 - A set of excel sheet calculations and data showing details of human actions leading to mitigation of carbon emissions and the possible choices available. The booklet consists of key messages taken from this excel sheet calculation.
 - A set of powerpoint presentations on:
 - a. Climate Change-basics, impacts on India etc.
 - b. Low Carbon lifestyles in offices
 - c. Low Carbon lifestyles in homes
 - d. Low Carbon lifestyles in school
 - A street play on Climate Change

The Purpose of toolkit is to spread awareness and sensitivity among people regarding adopting low carbon practices for a sustainable lifestyle.

We think that if everyone who reads this booklet adopts at least one low carbon practice, the purpose of the booklet will be fulfilled!

For any more information or queries, you may contact:

Prabhjot Sodhi (prabhjot.sodhi@ceeindia.org) or Chetali Kapoor (chetali.kapoor@ceeindia.org)

Centre for Environment Education (CEE)
C-40, Ground Floor, South Extension-Part II
New Delhi -110049
Ph: 011-26262878/81

